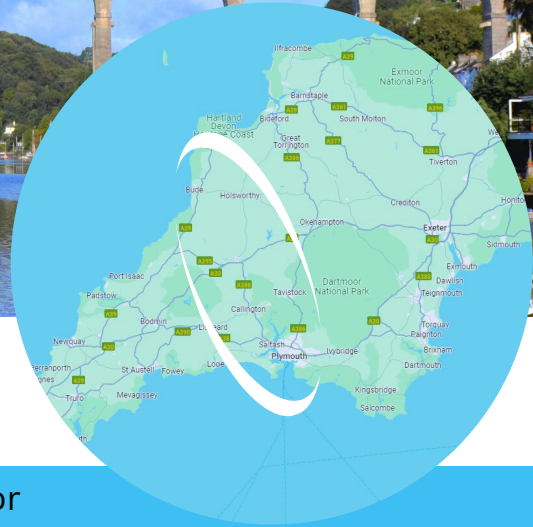


# THE TAMAR VALLEY GROUP TRAVEL ITINERARY





# ABOUT

The Tamar Valley is renowned for some of the finest scenery in the British Isles and is a region steeped in beauty and history. Designated a National Landscape it encompasses the valleys of the Rivers Tamar, Tavy and Lynher. Notably, much of the area forms an integral part of the Cornish Mining World Heritage Site.

The Tamar Valley is a harmonious fusion of breath taking natural landscapes, historical richness, and industrial heritage. Explore serene villages, vibrant towns, and Plymouth - Britain's Ocean City. Nearby, discover sun-kissed beaches, expansive moors, ancient harbours, and remarkable industrial sites, all within easy reach. Catering to diverse preferences, the Valley stands as an inviting destination with something special for everyone.



## STAY

### ACCOMMODATION FOR GROUPS

- [The Bedford Hotel, Tavistock](#)
- [Two Bridges Hotel, Princetown](#)
- [St Mellion Resort, Saltash](#)
- [Hotel Endsleigh, Tavistock](#)
- [The Arundell, Launceston](#)



The Bedford Hotel,

## FOOD & DRINK

We're a bunch of big foodies here in the Tamar Valley where you can enjoy delicious food, fine wines and warm hospitality. Perhaps you're in the mood to visit Tavistock, the home of the Devon Cream Tea, or enjoy the hospitality of award-winning restaurants, pubs and coffee shops. There's so much to choose from across the Valley.

- The Arundell Restaurant, Launceston
- The Bedford Hotel, Tavistock
- The Barn, Cotehele
- No 18 Brasserie, St Mellion



St Mellion International Resort

## POPULAR CULTURE

Joseph Mallord William Turner toured the area in 1813 sketchbooks in hand. He painted 'Crossing the Brook' in 1815.

Beyond Paradise, BBC TV - filmed in Plymouth, Calstock, Bere Ferrers and Launceston.

Delicious, Sky TV - filmed at Pentillie Castle and other locations around the Tamar Valley.



**TO FIND OUT MORE, PLEASE VISIT**

**[www.visittamarvalley.co.uk/group-travel](http://www.visittamarvalley.co.uk/group-travel)**

# SEE & DO

## A UNESCO WORLD HERITAGE SITE

- Stop in Tavistock, the home of the Devon Cream Tea.

## THE ANCIENT CAPITAL OF CORNWALL

- Spend time in Launceston, with its delightful selection of independent shops.

## ICONIC BRIDGES

- Don't miss a visit to Bridging the Tamar Visitor Centre.

## NATIONAL TRUST COTEHELE

- A stunning Tudor House with extensive gardens, orchards and watermill, beside the River Tamar.

## MOUNT EDGCUMBE COUNTRY PARK

- The former home of the Earls of Mount Edgcumbe beside the sea.

## THE TAMAR VALLEY LINE

- A scenic train journey and one of the gems of Britain's rail network.

## DINGLES FAIRGROUND MUSEUM

- A working museum of fairground rides, stalls and artwork.

## PLYMOUTH BOAT TRIPS

- Excursions around Plymouth Sound and up the River Tamar.

## ABOUT THE VALLEY TOURS

- Tamar Valley Blue Badge guided tours.

## LUCY DANIEL GUIDE

- Guided and self-guided tours

# FREE COACH PARKING

- Tavistock free parking & drop off
- Launceston free parking



Mount Edgcumbe



Tavistock



Cotehele



Launceston Castle



## ABOUT THE VALLEY TOURS

# THE TAMAR VALLEY

For coach groups visiting the Tamar Valley from hotels in Torbay, Plymouth, Exeter and Newquay, or if travelling further west and wanting to break their journey

Chrissie can meet the group at your hotel and guide over Dartmoor/Bodmin Moor, or meet at the venue.

### MORNING

#### TAVISTOCK - WORLD HERITAGE VENUE

Arrival 10:00-10:30 An introduction to the town, a short orientation walk, a visit to the Heritage Centre and museums. Coffee stop, shopping, early lunch depart 12:30.

### AFTERNOON

Travel by coach to Gunnislake ... Catch the scenic Tamar Valley Line train with guided commentary. The train weaves its way down the Valley, crossing the spectacular Calstock Viaduct to Plymouth where the coach can meet the group at the station... Arriving mid-afternoon.

#### The tour can be reversed...

For coach groups staying in the Valley, Chrissie has a wealth of stories to entertain and can create a bespoke tour, guided walk, or evening talk.

**EXAMPLE  
ITINERARY**



Tavistock



Tavistock Guildhall & Town Hall



Calstock Viaduct



The Tamar Valley



**BRITISH  
GUILD OF  
TOURIST  
GUIDES**







VISIT TAMAR VALLEY  
BRIDGING DEVON AND CORNWALL

