STAY GREEN

Book eco-certified accommodations that prioritise sustainability, such as **Green Acorn or Green Tourism** certified properties.

TRAVEL LIGHT

Use public transport, walk, or cycle. Check out train and ferry services to reduce carbon emissions.

REDUCE WASTE

Carry reusable items like water bottles, shopping bags, and coffee cups. Avoid single-use plastics whenever possible.

EAT LOCAL

Support eateries that use locally sourced and organic ingredients. Visit farmers' markets to enjoy fresh, seasonal produce.

RESPECT NATURE

Stick to marked trails, close gates, keep dogs on leads and avoid disturbing wildlife.

SAVE RESOURCES

Save water by taking shorter showers and reusing towels. Turn off lights and unplug electronics when not in use.

BUY ECO-FRIENDLY

Buy souvenirs made from sustainable materials by local artisans. Avoid items made from non-renewable resources.

DO GREEN ACTITIES

Opt for low-impact activities such as hiking, cycling, or kayaking. Avoid tours and activities that exploit animals or harm the environment.

EDUCATE & SHARE

Learn about local sustainability efforts and share eco-friendly tips with fellow travellers. Promote green practices through your social media.

PACK GREEN

Bring biodegradable toiletries and sunscreens to minimize environmental

impact.

SUN SCREEN

SPF 50

LEAVE NO TRACE

Take nothing but pictures, leave nothing but footprints.

Visit Tamar Valley June 2024 VISIT TAMAR VA BRIDGING DEVON AND CORNWAL

www.visittamarvalley.co.uk @visittamarvalley