

Home-made cleaners

Great results using natural alternatives

Cutting back on using chemical cleaning products in your establishment is good for the planet, for your staff and for your customers.

Many conventional cleaning products contain harsh chemicals and potent enzymes that can be damaging to the environment and human health. For a gentler alternative, consider making your own cleaning formulas from easily obtainable natural ingredients. It's not as difficult as you might think and can work out cheaper than using commercial products.

Why use natural alternatives?

- Less harmful chemicals released into the water cycle
- A healthier environment for your guests and staff
- Kind on people with sensitive skin and allergies
- Can be just as effective
- Needn't be more expensive, often cheaper
- Supports organic farming and natural harvesting.

Top natural ingredients

Bicarbonate of soda (baking soda)

This naturally occurring compound has excellent cleaning abilities, yet is gentle. Being mildly alkaline, it reacts with acids to produce salt, carbon dioxide and water. It can be used to remove greases, oils and fats from anything – the cooker hood to the drain. Sprinkled onto carpets, upholstery and fabrics, it effectively absorbs odours.

Vinegar

This natural acid is cheap, safe and has many uses. With salt it can make a paste for cleaning metals and with olive oil for wood surfaces. Vinegar and salt can be used to remove coffee and tea stains from crockery.

Lemon juice

The juice of lemons and limes is high in citric acid, a mild natural acid that powerfully cuts through grease and grime in the kitchen and elsewhere while leaving a wonderful fresh smell. For example, clean your microwave by placing slices of lemon in water and cooking until the water boils. And add lemon juice when cleaning with vinegar to mask the strong smell.

Essential oils

A few drops of tea tree, eucalyptus, rosemary or peppermint oil bring natural fragrance and germ-busting properties to your natural cleaning products.



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